

SMARTER Goals

Revised Goal Statement: _____

start here...

Initial Goal Statement: _____

Specific	Measurable	Achievable	Relevant	Time bound
Who needs to be included? What do you want to do? Give details. When do you want to do this? Where does it need to happen? Are there any obstacles or requirements? Why is this goal important?	How many? How much? How will I know it is accomplished? What metrics will I use? What do I know about the current state?	How will I accomplish this goal? What new tools or skills do I need? What it would take to get them? How realistic is this based on other constraints e.g. finances.	Does this goal seem worthwhile? Is this the right time to pursue the goal? Am I or are we the right people to achieve this goal? Is it applicable in the current socio-economic environment?	When? What can I do in six months? What can I do in six weeks? What can I do now?

Evaluate Inspect the results of the original goal by _____ date.

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Re-think Reset or re-do the original goal. Put your initial statement below, and start another SMARTER Goal Canvas.

New initial Goal Statement: _____